



# The First Night Box

We recommend you pack a “first night” box with items you’ll need for basic unpacking, cleaning, eating and hygiene.

## Home Cleaning and Maintenance

Before you start settle into your new space, you may want to do some cleaning and maintenance. Pack a basic cleaning kit including rags, surface cleaners, bleach, dish soap, gloves and trash bags to give your home a quick scrub down.

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|---------------|------------------|
| Sponge        | Light Bulbs      |
| Paper Towels  | Hammer           |
| Dish Towels   | Screw Driver     |
| Dishcloth     | Pliers           |
| Scouring Pads | Nails and Screws |
| Detergent     | Trash Bags       |

## Food and Drink

Pack protein-rich snacks like jerky or almonds along with plenty of cold water to keep everyone hydrated during the move. Then plan for a hearty first night’s meal that won’t need a lot of preparation.

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|-------------------------------|-----------------------------|
| Jerky, Granola or Energy Bars | Paper Plates, Cups, Napkins |
| Single Serve Snacks           | Plastic Cutlery             |
| Soup and Sandwiches           | Small Saucepan              |
| Bottled Water                 | Serving Spoons              |

## Hygiene Basics

You’ll need more than toothpaste, soap and shampoo to be comfortable after a long day of moving. The toiletries are indispensable, but clean bed linens, towels and toilet paper should be set aside for your first night as well.

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|------------------------|--------------------|
| Towels and Face Cloths | Hand Sanitizer     |
| Toilet Tissue          | Lotion             |
| Facial Tissue          | Deoderant          |
| Shampoo and Soap       | Toothbrush & Paste |